

Volunteers are asked to:

- Fill out an application, pass a background check and go to orientation.
- Keep client information to yourself!
- Always call client to verify time and date
- Report your volunteer time and miles every month
- Say “No!” when you need to
- Let Interfaith know when you won’t be available

Volunteers are not asked to:

- Help clients into a vehicle
- Give medications
- Provide personal care or hands on help
- Lift people or heavy things
- Give baths or showers



**We are
Neighbors helping neighbors!**

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Find us on Facebook at:
facebook.com/polkinterfaith

Interfaith Caregivers of Polk County

How can I help?



How can I help?

Be a volunteer!

Volunteers helping
seniors and adults with
disabilities to continue
living independently

715-825-9500



I can drive to and from:

- The grocery store
- For a doctor or dentist appointment
- The bank
- The library
- The hairdresser
- Cancer treatments
- Dialysis
- Medical specialists out of Polk County

⇒ *I will wait with someone if they need me.*



I can help with:

- Light housekeeping
- Fixing a few little things
- Making food
- Raking a yard
- Reading to someone
- A break for someone who takes care of a loved one
- Delivering food shelf boxes

**Interfaith Caregivers
needs you!**

Call: 715-825-9500

⇒ *We also need help in our office!*



I can be a friend:

- Visit someone at their home
- Call someone to talk or just check in
- Play cards or games
- Give someone a ride to VFW or Legion hall to see other friends
- Take someone to see their loved one at the nursing home



In partnership with

